

...**OPTIONAL FREE Certification Courses for Ministers** The Archdiocese of Detroit's Worship office has a series of certification courses for Ministers. There is a course for Hospitality Ministry, Eucharistic Ministers and for Lector (proclaimers of the Word of God). All of the courses are self paced. To take a course you can go to: <https://learn.egwdetroit.org/>

...**JOB**

The Detroit Catholic Pastoral Alliance is looking for a part-time accountant who can work 1-2 days a week to do major tasks including writing checks, monthly account reconciliation, and audit preparation. Salary: \$18k. Must have experience. Flexible hours (can be after hours). For more information on the full job description go to: www.dcpasite.com/jobs

...**New Book!** Dr. Ansel Augustine, former Director of Black Catholic Ministries in New Orleans has written a new book "Leveling the Praying Field: Can the Church We Love, Love Us Back?" Fr. Bryan Massingale said: Ansel's book is a love letter that contains some hard truths; but he offers it with the same hope that has sustained Black Catholic through our journey in and with this Church. The book comes out in March 1st but can be pre-ordered now from Orbis Books [here](#).

About Lent...

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter.

During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by [giving alms](#); and we practice self-control through [fasting](#). We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

LENTEN FASTING & ABSTINENCE



Fasting	Abstinence
Ash Wednesday Good Friday	Every Friday during Lent
Ages 18-59	Ages 14+

How do we fast?

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

Am I excused from fasting and abstinence?

Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women.

For more information on fasting and abstinence, visit uscbb.org.



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MASS SCHEDULE:

SUNDAY - 8:00 A.M. & 10:00 A.M. • TUESDAY - 5:00 P.M. • SATURDAY - 5:00 P.M.

Saturday, March 5th & Sunday, March 6th, 2022

First Sunday of Lent

Saturday, March 5, 2022

Special Intention of Maxine Adams & Family (5 p.m.)

Sunday, March 6, 2022

Laurence Lester by Evelyn Lester & Shirletha Binion (8 a.m.)

Bernardine Osinski by Sacred Heart Parsh Family (10 a.m.)

Tuesday, March 8, 2022

Linda Spivey 1st Anniversary by Sacred Heart Parish (5 p.m.)

Saturday, March 12, 2022

Charlie Lee Henton Memorial by Family (5 p.m.)

Sunday, March 6, 2022

Gwendolyn Seay by Sr. Cathey DeSantis (8 a.m.)

Marie Thomas by Family (10 a.m.)

This Week's Mass Intentions



PARISH MISSION STATEMENT:

Sacred Heart is a diverse parish rooted primarily in the Gospel of Jesus and in the heart of the community of Detroit. We strive to let our lives be an extension of our daily worship. We walk in the steps of Christ through love and concern for our brothers and sisters and continuously call upon the Holy Spirit for strength and power.

This Week's Readings

Scripture for Saturday/Sunday, March 5-6, 2022...

- 1) [Deuteronomy 26:4-10](#) 2) [Romans 10:8-13](#) 3) [Luke 4:1-13](#)

Scripture for Tuesday, March 8, 2022...

- 1) [Isaiah 55:10-11](#) 2) [Matthew 6:7-15](#)

Scripture for Saturday/Sunday, March 12-13, 2022...

- 1) [Genesis 15:5-12, 17-19](#) 2) [Philippians 3:17--4:1](#) 3) [Luke 9:28b-36](#)

MEETINGS AND EVENTS THIS WEEK...

Sunday, March 6th

*Mass 8 a.m./*Mass 10 a.m. (Church)

*Bible Study 11:45 a.m. (Rooms #1-4)

*AA Meeting 3 p.m. (Main Hall)

Monday, March 7th

*Urban Parish Coalition 1:30 p.m. (Zoom)

*N.A. Meeting 6 p.m. (Main Hall)

Tuesday, March 8th

*Mass 5 p.m. (Parlor)

*Choir Rehearsal 6:15 p.m. (Parlor)

*Bible Study 7:00 p.m. (ZOOM)

Wednesday, March 9th

*Gratitude A.A. Mtg. 11 a.m. Rooms #1-3

Friday, March 11th

*Stations of the Cross 12 noon

Saturday, March 12th

*MASS 5 p.m. (Church)

*Youth Choir Rehearsal 2:30 p.m.

*Brewster Meeting 3:00 p.m.

NOTEWORTHY

...Stations of the Cross We invite you to join us every **Friday at 12 noon in the church** as we pray and walk with way of the Cross. The stations of the cross were beautifully restored by the late Walter Williams, and Catholics throughout the world walk with way of the cross weekly to remember Jesus' suffering and our own as we journey through lent.

...Virtual Baptism and First Communion Prep First Communion and Baptism Classes for young people ages 6 to 16 are now going on. If you have not yet registered or attended please call Angela Vann 313-578-1925. Classes are virtual by way of zoom. Register and receive the link!

...RCIA Classes Rite of Christian Initiation for Adults is for anyone 18 or older who is interested in becoming Catholic First Communion sessions will begin soon to register call Fr. Thomas at 831-1356 or email him at npt@sacredheartdetroit.com.

...Good Time Initiative Petition Signing. Sacred Heart & DCPA's Community Action Committee are joining Michigan United and with thousands throughout the state, to collect signatures to place the Good Time Initiative on the ballot. *Michigan is one of only six states with no policy for Good Time or Earned Time Credits.* Thousands of incarcerated people face harsh sentences and deserve a second chance. The Good Time Ballot Initiative gives them a second chance by reducing the time served based on the inmate's good behavior. The Good Time initiative will task the Michigan Department of Corrections with developing rules for disciplinary time and earned credits, and create a board to review earned credits and prisoner records. The measure would repeal Michigan's Truth in Sentencing law, a prison rules change approved by voters in 1998 that repealed "good time credits" and imposed a mandatory minimum sentence that could be extended for misconduct.

...The Sacred Heart Book Club will discuss The Seven Husbands of Evelyn Hugo, a historical, fiction novel by Taylor Jenkins Reid. The book tells the life-story of a 79-year-old Hollywood star, who has been married seven times. Evelyn Hugo gives a final interview to an unknown journalist, who is curious about why she is selected, but excited about discovering the well kept secrets of the star's life. The discussion will be held in the Sacred Heart Activities Building, March 12, at 3:00 PM.

...Wednesday Noon Prayer. The Ministers of Service Spirituality Committee invites all to their Wednesday 12 noon Praise & Worship Prayer experience. Join **Wednesday Prayer & Praise experience will now be every 1st & 3rd Wednesday. NEXT Meeting is on Wednesday March 16, 2022 on Zoom.** <https://bit.ly/3qqLgh8> or call in at (312) 626 6799 Meeting ID: 822 7367 2401 Passcode: 818681. Link available on our website at: <https://sacredheartdetroit.com>

...If You Would Like To Register as a member of Sacred Heart Church, please see Fr. Thomas before or after Mass or call him at 313-831-1356 ext. 110. Some have come for a time and we just want to acknowledge your presence officially.

...Bible Study IS VIRTUAL Every Tuesday! 51 people joined last week! Let's keep the momentum GROWING! All are invited to join us for this hour long weekly study of the bible. As disciples we are called to learn and understand the words of our MASTER TEACHER, Jesus Christ! Join us, click [here](#). You can also call in at (312) 626-6799 Meeting ID: 858 1141 3180 | Passcode: 018578. The link is also on our website at: <https://sacredheartdetroit.com/primetime>